



TOASTMASTERS INTERNATIONAL

NEWSLETTER

Club News And Events

Club Number 1897
LUCAN Toastmasters
Winter 2018

INSIDE THIS ISSUE:

Special Feature: Upcoming Events, Contest Report, and Interview with a Two Year Member of the Club



If you enjoy this newsletter and would like to contribute with any articles, photos, links or interesting information that can be added to the next newsletter, then contact VPPR Thomas Geoghegan @ Geogheganthomas@hotmail.com

UPCOMING EVENTS:

Division Contest

The Division Speech and Table Topics Contest will be held on Thursday 16th November 2018 in the Talbot Hotel Stilorgan.

Always an enjoyable and fun night. Guests are most welcome.

SOCIAL MEDIA:

To keep up to date with all that's happening in the club please **LIKE** our Facebook page at Lucan Toastmasters.



Campaign

We are looking for three candidates to share their story on their Journey through Toastmasters. Contact the VPPR (info above) if you would like to take part.



It's been a busy few weeks in Lucan Toastmasters. On Thursday the 18th of October we held our Club's Humorous Speech and Table Topics Contest. We had three excellent speaker and equally good Table Topics Contestants. Ray Cotter won the humorous speech contest with Ray Hearne in Second Place. Esther Penny won the Table Topics contest with Mark McGrane in Second Place. Both Ray and Esther then went on to represent Lucan Toastmasters the following Tuesday in a very competitive Area 26 competition in the Maldron Hotel Newlands Cross. Ray finished in second place and Esther finished in third place. Ray will go on now to represent Area 26 in the Division Contest which will take place in the Talbot Hotel Stilorgan on Friday the 16th of November. Very best wishes to Ray in the Contest.

Club Humorous Speech and Table Topics Contest:



Ray Cotter First Place, Ray Hearne Second Place in the Humorous Speech Club Contest and Esther Penny first, Mark McGrane Second in the Table Topics Club Contest

Area 26 Humorous Speech and Table Topics Contest:



Ray Cotter taken Second Place in the Humorous Speech Area Contest and Esther Penny taken third in the Table Topics Area Contest

Club Mission

Provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

Benefits of Toastmasters

- Unlimited Personal Growth
- Clear Communication
- Increased Self-Confidence
- Improved Leadership Skills
- Career Development

Toastmasters – ‘The Ultimate Experience in Personal Development’ by Thomas Geoghegan CC



It's been over two years since I joined Lucan Toastmasters Club and what an ultimate experience in personal development it has been! Toastmasters have given me so many surprising benefits that I never thought it would. I knew when joining that confidence in speaking in front of a large group would improve and could assist me in my working life. However, it's within my personal life that I've seen the biggest transformation. I was always known to mumble a bit and not be quite fully understood sometimes. Being from the west of Ireland, the strong accent didn't help but been totally honest alot was down to lack of confidence in "owning my words". On earlier speeches I've given, that recommendation was made several times on the personal evaluation slips filled out by fellow members. For people outside of Toastmasters, that could be a hard method of evaluation to accept. However, the positive feedback you receive along with one or two recommendations from experienced members creates that perfect environment to prosper and grow. That one constant recommendation allowed me to focus in and try each time I spoke to give clear communication.

Another surprising benefit Toastmaster's has given me is in speech writing. As I've mentioned at the start, I knew progressing through each speech on the Competent Communicator Manual would make speaking in front of a group easier. However, the whole practice of speech writing was new to me. Almost like writing a thesis, you have to explain at the beginning your speech topic, discuss the important points in detail and finish with a summary and recommendations made. This practice I've found has improved cognitive thinking to provide clear structured answers when answering a question or email.

So in summary Lucan Toastmasters has given many surprising benefits beyond what I once thought. If over the next two years it provides some more, my personal development will skyrocket!

Considering Joining our Club?

If you are interested in joining and need additional information contact our VPM Mary Conlon at Maryconlon27@gmail.com.

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